

Charity registration number 210472

**FRIENDS OF THE SICK
(CHEVRAT BIKKUR CHOLIM)
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2021**

FRIENDS OF THE SICK (CHEVRAT BIKKUR CHOLIM)

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Simon Sackman (President) Richard Limburg Joy Goldberg
Charity number	210472
Principal address	Suite 69 Churchill House 137-139 Brent Street London NW4 4DJ
Auditors	Harwood Hutton Limited 4 Devonshire Street London W1W 5DT
Principal bankers	HSBC plc 122 Finchley Road London NW3 5JD

FRIENDS OF THE SICK (CHEVRAT BIKKUR CHOLIM)

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FRIENDS OF THE SICK (CHEVRAT BIKKUR CHOLIM)

TRUSTEES' ANNUAL REPORT

The Trustees are pleased to present their report and the Charity's accounts for the year ended 31 December 2021.

The financial statements, which are prepared in pounds sterling being the functional currency of the Charity, have been prepared in accordance with the accounting policies set out in the notes to the financial statements and comply with the Charity's Rules which are its governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) (the Charities SORP)

Structure, governance and management

Friends of the Sick (Chevrat Bikkur Cholim) is an unincorporated association that was established in 1947. It was registered with the Charity Commission as a charity on 30 January 1961. The Charity's website is www.ukfos.org.

Trustees

The following trustees held office throughout the year::

Simon Sackman (President)
Richard Limburg
Joy Goldberg

2021 was a particularly sad time for the Charity. As reported in the Trustees' Annual Report for 2020, at the beginning of the year our long-serving Trustee, Martin Jaskel z'l, passed away after a short illness.

The year also ended on a sad note with the premature passing of our Honorary Treasurer, Michael Wechsler z'l, who died in December after a brave battle with cancer. Like Martin, Michael had been a Trustee of Friends of the Sick for over 20 years. Throughout most, if not all, of that time Michael had served as Honorary Treasurer, in which capacity he had for many years regularly dealt with the funds collected by Mrs Fisher. Michael was a pleasure to work with - his contributions to Board meetings were always constructive and the smile on his face was ever present, even during his illness which sadly coincided with the COVID pandemic. Michael will be sorely missed by Bikkur Cholim and the other Jewish charities with which he was involved.

The Trustees have read, and are cognisant of, the guidance relating to public benefit issued by the Charity Commission.

Objectives, activities, achievements and performance

Friends of the Sick's objective is to provide support and companionship to the elderly and vulnerable in the Jewish community in London. Helping people to continue living in the familiar and comforting surroundings of their own homes is at the heart of what we do.

The Charity achieves its objective principally through one-on-one home visits to clients by our dedicated team of trained support workers, the majority of whom have worked for us for many years; the Charity also offers telephone support. Almost all of our support workers are Jewish and thus familiar with Kashrut and other Jewish customs, which is an important factor for clients. Our support workers perform a variety of tasks tailored to each client's individual requirements. These include help with shopping, preparing meals, getting clients to medical appointments and assisting with minor administrative matters, as well as providing respite for main carers. Most importantly, our support workers provide companionship, vital social interaction and mental stimulation for those who might otherwise feel isolated and ignored. Many of our clients form close friendships with their support workers.

FRIENDS OF THE SICK (CHEVRAT BIKKUR CHOLIM)

TRUSTEES' ANNUAL REPORT

During 2021 Friends of the Sick continued to be adversely impacted by COVID-19. Elderly and vulnerable people, and those responsible for them, understandably remained nervous about allowing non-family members, even support workers whom they knew well and trusted, into their homes. It was only after lockdown restrictions began to be eased in July 2021 that activity levels started to pick up. Over the whole of 2021 the Charity provided almost 3,000 hours of support to 16 clients living in Edgware, Hendon, Golders Green, Mill Hill, Southgate, Stanmore, Swiss Cottage and Whetstone, including telephone support for a blind client. Although this was a substantial increase on 2020 (when 1,850 hours of support was provided to 29 clients, mainly in the first three months of the year), activity in 2021 as a whole did not reach pre-pandemic levels. In 2019 the Charity had provided over 4,250 hours of support to 38 clients. Encouragingly, the improvement seen in the second half of 2021 has continued in 2022. In the first 6 months of the current year the average number of hours worked each month by support workers was 273, an increase of 21 per cent. on the corresponding period in 2021. The Charity is also receiving an increasing number of enquiries.

The welfare of clients and staff is of paramount importance to the Charity. Since the start of the pandemic, strict operational protocols to be followed by support workers before, during and following each client visit have been in place in order to minimise the risk to both clients and support workers. These protocols are reviewed regularly in light of government and Public Health England guidelines. All of our support workers have received training (by a Care Quality Commission-approved training provider) in personal health and hygiene and the control and prevention of the spread of infection, with particular focus on COVID-19. All support workers are fully vaccinated, are provided with appropriate personal protective equipment for every visit they make and undergo regular testing for COVID-19.

Financial review

2021 was another difficult year financially for the Charity. Income from customary sources, comprising donations, contributions from clients and investment income, including a small amount of bank interest, was £99,058. This was an increase of 13 per cent. on the previous year (2020: £87,468), but was more than 10 per cent. down on the equivalent income for 2019, the last full year before the pandemic (2019: £110,943). Total income for 2021 was 14 per cent. lower than the previous year (2020: £115,168), the latter having been boosted by exceptional COVID-related income (under the Government's Coronavirus Job Retention Scheme and by way of business rates relief) totalling £27,700. No COVID-19 related income was received in 2021.

Against a difficult economic backdrop for charities generally, donations (from individual donors and charitable trusts) at £62,188 held up reasonably well (2020: £65,406). As in previous years, the majority of donation income came through the Rosh Hashanah appeal. No legacies were received in 2021 (2020: £2,886).

We ask clients to make a contribution to the cost of the services we provide, but this does not cover the full staff and administration expense to the Charity of providing those services. It remains our policy never to turn someone away for financial reasons and where a client cannot afford our charges, these are reduced or waived altogether. Contributions from clients (shown in the Statement of financial activities as income from 'Charitable activities') at £27,402 represented nearly 28 per cent. of total income. Client contributions in 2021 were more than double those in the previous year (2020: £13,192), reflecting the upturn in activity following the relaxation of COVID restrictions.

Given the small size of the Charity, the Trustees are very conscious of the need to control costs. Despite the additional costs of providing support workers with PPE, total expenditure in 2021 at £106,002 was almost 5 per cent. lower than in the previous year (2020: £110,283) and almost 8 per cent. lower than in 2019 (£114,927).

The Charity had a net deficit for the year before unrealised gains/(losses) on the listed investments of £(6,944) (2020: surplus £4,885).

FRIENDS OF THE SICK (CHEVRAT BIKKUR CHOLIM)

TRUSTEES' ANNUAL REPORT

Investments

In accordance with good governance, the Trustees regularly review the Charity's investment policy. Given the minimal returns that were available on cash deposits during the whole of 2021, a substantial proportion of the Charity's assets continued to be held in income-generating listed investments aimed specifically at charities. The Trustees select investments based on research and taking into account the Charity's medium and long-term requirements.

The Charity's listed investments throughout the year again comprised 12,534.57 Sterling Class A Income units in M&G Equities Investment Fund for Charities (Charifund). Charifund is primarily invested in UK equities and aims to provide an income stream that increases every year, as well as a level of capital growth. Charifund makes distributions four times a year, which produces a regular and relatively stable source of income for the Charity. Income from Charifund units in 2021 was £9,339 (2020: £8,398).

At the year-end the market value of the Charifund units held by the Charity was £195,062 (2020: £172,045) resulting in an unrealised gain for the year of £23,017 (2020: loss £36,115). In the current financial year there has been considerable market turbulence and the price of Charifund units has declined slightly with the result that as at 30 June 2022 the market value of the Charity's holding of Charifund units was £189,277.

The Trustees' policy is to maintain sufficient cash resources to cover expenses during periods when income receipts are low. The majority of donations are received during the second half of the year through the Rosh Hashanah appeal. Funds that are not invested and not required in the short-term are placed on deposit with various UK banks. Bank interest received in 2021 amounted to £129 (2020: £472).

Risk management

The Trustees are responsible for the management of risks faced by the Charity and all the Trustees are involved in considering and assessing those risks, both financial and non-financial.

The controls in place include:

- regular trustee meetings;
- a formal agenda for trustee meetings;
- planning and budgeting for financial commitments, including investments held;
- vetting procedures as required by law for the protection of the vulnerable; and
- regular risk assessments.

The Trustees consider that they have identified the major risks faced by the Charity and are satisfied that appropriate steps have been taken, and continue to be taken, to mitigate such risks. Reserves are maintained at such a level as to enable the Charity to carry on meeting its charitable objectives for a minimum of a year should its income reduce substantially.

FRIENDS OF THE SICK (CHEVRAT BIKKUR CHOLIM)

TRUSTEES' ANNUAL REPORT

Recruitment of trustees and training

The composition of the Charity's board of trustees is reviewed regularly with a view to achieving a spread of expertise, age and gender designed to facilitate the achievement of the Charity's objects. The Trustees seek to recruit members of the Jewish community based in the areas in which the Charity operates who have an interest in the Charity's aims and the requisite skills.

The Trustees keep up to date on their responsibilities by various means, such as reviewing the websites of the Charity Commission and The Office of the Third Sector, attending relevant seminars and webinars and reading relevant periodicals.

Key management personnel remuneration

The Trustees consider the board of trustees as comprising the key management personnel of the Charity in charge of directing and controlling the Charity and running and operating the Charity on a day to day basis. All the Trustees give of their time freely and no trustee remuneration was paid in the year. None of the Trustees received reimbursement of any expenses and there were no related party transactions with any of the Trustees.

Auditors

The Charity is not required by statute to have an audit, but, having regard to both existing and future donors and good practice, the Trustees have opted to have the Charity subject to audit.

In accordance with the Charity's Rules, a resolution proposing to re-appoint Harwood Hutton Limited as auditors will be put at a Trustees' meeting.

Statement of Trustees' responsibilities

The Trustees are responsible for preparing the Trustees' annual report and the financial statements of the Charity in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law requires the Trustees to prepare accounts for each financial year which give a true and fair view of the state of the Charity and of the incoming resources and application of resources of the Charity for that year.

In preparing these accounts the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the accounts; and
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

FRIENDS OF THE SICK (CHEVRAT BIKKUR CHOLIM)

TRUSTEES' ANNUAL REPORT

Statement of Trustees' responsibilities (continued)

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the accounts comply with the Charities (Accounts and Reports) Regulations 2011 and the provisions of the Rules constituting the Charity. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Audit information

So far as each of the Trustees is aware:

- a) there is no relevant information of which the auditors are unaware; and
- b) the Trustees have taken all relevant steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

On behalf of the Trustees


Simon Sackman

President and Trustee

22 September 2022

FRIENDS OF THE SICK (CHEVRAT BIKKUR CHOLIM)

INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF FRIENDS OF THE SICK (CHEVRAT BIKKUR CHOLIM)

Opinion

We have audited the financial statements of Friends of the Sick (Chevrat Bikkur Cholim) (the Charity) for the year ended 31 December 2021 which comprise the Statement of financial activities, the Balance sheet, the Statement of cash flow and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the Charity's affairs as at 31 December 2021 and of its incoming resources and application of resources for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011

Basis for opinion

We have been appointed as auditors under the Charities Act 2011 and report in accordance with regulations made under section 145 of that Act.

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the Charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the Financial Reporting Council's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the Charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Trustees with respect to going concern are described in the relevant sections of this report.

Other information

The Trustees are responsible for the other information. The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

FRIENDS OF THE SICK (CHEVRAT BIKKUR CHOLIM)

INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF FRIENDS OF THE SICK (CHEVRAT BIKKUR CHOLIM)

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the Charity and its environment obtained in the course of the audit, we have not identified material misstatements in the trustees' report.

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- adequate accounting records have not been kept by the Charity, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit

Responsibilities of trustees

As explained more fully in the Trustees' responsibilities statement, the Trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Trustees are responsible for assessing the Charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the Charity or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditors under section 145 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

Our approach to identifying and assessing the risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, was as follows:

- the engagement partner ensured that the engagement team collectively had the appropriate competence, capabilities and skills to identify or recognise non-compliance with applicable laws and regulations;
- we identified the laws and regulations applicable to the Charity through discussions with trustees and other management, and from our commercial knowledge and experience of the sector;
- we focused on specific laws and regulations which we considered may have a direct material effect on the financial statements or the operations of the Charity, including the Charities Act 2011, taxation legislation and data protection, anti-bribery, employment, environmental and health and safety legislation;
- we assessed the extent of compliance with the laws and regulations identified above through making enquiries of management and inspecting legal correspondence; and
- identified laws and regulations were communicated within the audit team regularly and the team remained alert to instances of non-compliance throughout the audit.

FRIENDS OF THE SICK (CHEVRAT BIKKUR CHOLIM)

INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF FRIENDS OF THE SICK (CHEVRAT BIKKUR CHOLIM)

Auditor's responsibilities for the audit of the financial statements (continued)

We assessed the susceptibility of the Charity's financial statements to material misstatement, including obtaining an understanding of how fraud might occur, by:

- making enquiries of management as to where they considered there was susceptibility to fraud, their knowledge of actual, suspected and alleged fraud;
- considering the internal controls in place to mitigate risks of fraud and non-compliance with laws and regulations; and
- understanding the design of the Charity's remuneration policies.

To address the risk of fraud through management bias and override of controls, we:

- performed analytical procedures to identify any unusual or unexpected relationships;
- tested journal entries to identify unusual transactions;
- assessed whether judgements and assumptions made in determining the accounting estimates set out in note 1 were indicative of potential bias; and
- investigated the rationale behind significant or unusual transactions

In response to the risk of irregularities and non-compliance with laws and regulations, we designed procedures which included, but were not limited to:

- agreeing financial statement disclosures to underlying supporting documentation;
- reading the minutes of meetings of those charged with governance;
- enquiring of management as to actual and potential litigation and claims; and
- reviewing correspondence with HMRC, relevant regulators and the Charity's legal advisors.

There are inherent limitations in our audit procedures described above. The more removed that laws and regulations are from financial transactions, the less likely it is that we would become aware of non-compliance. Auditing standards also limit the audit procedures required to identify non-compliance with laws and regulations to enquiry of the trustees and other management and the inspection of regulatory and legal correspondence, if any.

Material misstatements that arise due to fraud can be harder to detect than those that arise from error as they may involve deliberate concealment or collusion.

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

Use of our report

This report is made solely to the Charity's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the Charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Charity and the Charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Harwood Hutton Limited

Chartered Accountants

Statutory Auditor



1 October 2022

4 Devonshire Street

London

W1W 5DT

Harwood Hutton Limited is eligible for appointment as auditor of the Charity by virtue of its eligibility for appointment as auditor under section 1212 of the Companies Act 2006.

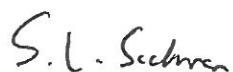
FRIENDS OF THE SICK (CHEVRAT BIKKUR CHOLIM)
Statement of financial activities
for the year ended 31 December 2021

		Total funds 2021	Total funds 2020
		All unrestricted	
	<i>Note</i>	£	£
Income			
Donations and legacies	2	62,188	65,406
Charitable activities	3	27,402	13,192
Investment income	5	9,468	8,870
		<hr/>	<hr/>
		99,058	87,468
Other income – Coronavirus support	4	-	27,700
		<hr/>	<hr/>
Total income		99,058	115,168
		<hr/>	<hr/>
Expenditure			
Raising funds	6	(2,804)	(1,797)
Charitable activities	7	(103,198)	(108,486)
		<hr/>	<hr/>
Total		(106,002)	(110,283)
		<hr/>	<hr/>
Net (deficit)/income		(6,944)	4,885
Net gains/(deficit) on investments	11	23,017	(36,115)
		<hr/>	<hr/>
Net movements in funds		16,073	(31,230)
Total funds brought forward		339,833	371,063
		<hr/>	<hr/>
Total funds carried forward		355,906	339,833
		<hr/>	<hr/>

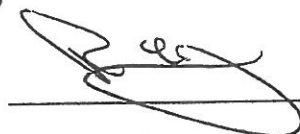
FRIENDS OF THE SICK (CHEVRAT BIKKUR CHOLIM)
Balance sheet
as at 31 December 2021

	Note	2021 All unrestricted £	2020 £
Fixed assets			
Tangible assets	10	458	915
Investments	11	195,062	172,045
		<hr/>	<hr/>
Total fixed assets		195,520	172,960
		<hr/>	<hr/>
Current assets			
Debtors	12	8,988	7,227
Cash at bank and in hand		155,270	164,115
		<hr/>	<hr/>
Total current assets		164,258	171,342
		<hr/>	<hr/>
Liabilities			
Creditors: Amounts falling due within one year	13	(3,872)	(4,469)
		<hr/>	<hr/>
Net current assets		160,386	166,873
		<hr/>	<hr/>
Total net assets		355,906	339,833
		<hr/>	<hr/>
The funds of the Charity:			
Unrestricted funds		355,906	339,833
		<hr/>	<hr/>
Total funds of the Charity		355,906	339,833
		<hr/>	<hr/>

The Board of Trustees approved the accounts on 22 September 2022



Simon Sackman - President and Trustee



Richard Limburg - Trustee

FRIENDS OF THE SICK (CHEVRAT BIKKUR CHOLIM)
Statement of cash flows
for the year ended 31 December 2021

	2021	2020
	£	£
Cash flows from operating activities:		
Net cash (used in)/ provided by operating activities	(18,313)	2,682
Cash flows from investing activities:		
Dividends and interest from investments	9,468	8,870
	<hr/>	<hr/>
Net cash provided by investing activities	9,468	8,870
	<hr/>	<hr/>
	<hr/>	<hr/>
Net cash (used in)/provided by financing activities	(8,845)	11,552
	<hr/>	<hr/>
Change in cash and cash equivalents in the reporting period	(8,845)	11,552
Cash and cash equivalents at start of the reporting period	164,115	152,563
	<hr/>	<hr/>
Cash and cash equivalents at end of the reporting period	155,270	164,115
	<hr/>	<hr/>
Analysis of cash and cash equivalents		
Cash at bank - current and deposit accounts	155,270	164,115
	<hr/>	<hr/>

FRIENDS OF THE SICK (CHEVRAT BIKKUR CHOLIM)
Reconciliation of net (expenditure)/income to
net cash flows from operating activities
for the year ended 31 December 2021

	2021 £	2020 £
Net income/(expenditure) for the reporting period (as per the Statement of financial activities)	16,073	(31,230)
Adjustments:		
Depreciation	457	458
Unrealised gains/losses on investments	(23,017)	36,115
Dividends and interest on investments	(9,468)	(8,870)
(Increase)/Decrease in debtors	(1,761)	8,435
(Decrease) in creditors	(597)	(2,226)
	<hr/>	<hr/>
Net cash (used in)/provided by operating activities	(18,313)	2,682
	<hr/>	<hr/>

FRIENDS OF THE SICK (CHEVRAT BIKKUR CHOLIM)
Notes to the financial statements
for the year ended 31 December 2021

1 Accounting policies

Basis of preparation of accounts

The financial statements have been prepared in accordance with the Charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)" (the Charities SORP).

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the Charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention modified to include the revaluation of certain financial instruments at fair value. The Trustees have reasonable expectation that the Charity has adequate resources to continue operating for the foreseeable future and there are no material uncertainties about its ability to continue as a going concern. It therefore continues to adopt the going concern basis in preparing these financial statements. The principal accounting policies adopted are set out below.

Public benefit entity

The Charity constitutes a public benefit entity as defined by FRS 102. The Charity is an unincorporated association that is domiciled in England and Wales.

Income and endowments

All items of income are accounted for when the Charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Voluntary income received by way of donations and grants is included in full when receivable and credited to either unrestricted or restricted income as appropriate.

Contributions from clients are accounted for on a receivable basis, after making provision for bad or doubtful debts.

Investment income is included when receivable.

Legacies are accounted for as incoming resources, either on receipt or where the receipt of the legacy is virtually certain. The latter will be recognised once confirmation has been received from the representatives of the estate that payment of the legacy will be made or property transferred once all conditions attached to the legacy have been fulfilled.

Grants

Grants, whether from Government, Local Authorities or others, are recognised as an incoming resource when the Charity becomes entitled to them, which is when a formal offer of funding is communicated in writing to the Charity.

FRIENDS OF THE SICK (CHEVRAT BIKKUR CHOLIM)
Notes to the financial statements
for the year ended 31 December 2021

1 Accounting policies

Grants (continued)

In response to COVID-19 the UK Government introduced a number of initiatives for business (including charities) to assist with cash flow. The Charity received financial assistance under the Coronavirus Job Retention Scheme in the year ended 31 December 2020 but none in the year ended 31 December 2021. The amount received in the year ended 31 December 2020 has been recognised in the Statement of financial activities.

Expenditure

Expenditure includes irrecoverable VAT where applicable and is included on an accruals basis. Charitable expenditure comprises those costs incurred by the Charity in the delivery of its activities and services for its beneficiaries. It includes costs that can be allocated directly to such activities as well as those costs of an indirect nature to support them. Governance costs include those costs associated with meeting the constitutional and statutory requirements of the Charity and include audit fees and costs linked to the strategic management of the Charity.

Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation, which has been provided at rates calculated to write down the asset to its estimated residual value over its useful life as follows:

Fixtures, fittings and equipment 25% on cost

Fixed asset investments

Fixed asset investments are primarily held to generate income and are included initially at cost price and subsequently at fair value (market value) at the balance sheet date. The Statement of financial activities includes the net gains and losses on revaluation and disposal throughout the year.

Financial instruments

The Charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' to all its financial instruments. Financial instruments of the Charity comprise bank balances, including monies on deposit, and debtors and creditors. Bank balances are accounted for based on cash held. Debtors and creditors are included at amounts settled after any discounts.

Employee benefits

The costs of short term employee benefits are recognised as a liability and an expenses. The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received. Termination benefits are recognised immediately as an expense when the Charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

Retirement benefits

Payments to defined contribution retirement benefits schemes are charges as an expense as they fall due.

Fund accounting

Funds held by the Charity are either:

Unrestricted funds, which may be used in accordance with the charitable objects of the Charity at the Trustees' discretion; or

Restricted funds, which may only be used in accordance with the wishes of the donors.

FRIENDS OF THE SICK (CHEVRAT BIKKUR CHOLIM)
Notes to the financial statements
for the year ended 31 December 2021

1 Accounting policies

Critical accounting estimates and judgements

In the application of the Charity's accounting policies the Trustees are required to make judgements and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

2 Donations and legacies

	Total 2021	Total 2020
	£	£
Donations	62,188	62,520
Legacies	-	2,886
	<hr/>	<hr/>
	62,188	65,406
	<hr/>	<hr/>

3 Income from charitable activities

	2021	2020
	£	£
Contributions from clients	27,402	13,192
	<hr/>	<hr/>

4 Other income

	2021	2020
	£	£
Local Authority COVID-19 grant	-	10,000
Coronavirus Job Retention Scheme	-	16,700
	<hr/>	<hr/>
	-	26,700
Other COVID-19 grant	-	1,000
	<hr/>	<hr/>
	-	27,700
	<hr/>	<hr/>

FRIENDS OF THE SICK (CHEVRAT BIKKUR CHOLIM)
Notes to the financial statements
for the year ended 31 December 2021

5	Investment income	2021	2020
		£	£
	Income from listed investments	9,339	8,398
	Bank and other interest	129	472
		<hr/>	<hr/>
		9,468	8,870
		<hr/>	<hr/>
6	Raising funds	2021	2020
		£	£
	Advertising and appeal expenses	2,804	1,797
		<hr/>	<hr/>
		2,804	1,797
		<hr/>	<hr/>
7	Charitable activities	2021	2020
		£	£
	Support workers' salaries and National Insurance	44,044	41,800
	Support workers' travel expenses and personal protective equipment	4,613	1,976
	Office and administration costs	50,913	61,041
	Bank and credit card charges	128	201
	Auditors' remuneration	3,500	3,150
	Legal fees	-	318
		<hr/>	<hr/>
		103,198	108,486
		<hr/>	<hr/>
8	Governance costs		
	Governance costs included in charitable activities are:	2021	2020
		£	£
	Auditors' remuneration	3,500	3,150
		<hr/>	<hr/>

FRIENDS OF THE SICK (CHEVRAT BIKKUR CHOLIM)
Notes to the financial statements
for the year ended 31 December 2021

9 Salaries	2021	2020
	£	£
Support workers' salaries	43,962	41,214
Office and administration salaries	30,000	39,250
Employer's National Insurance	295	61
Pension contributions	3,500	3,765
	<u>77,757</u>	<u>84,290</u>

The number of employees during most of the year was 10 (2020:10), which includes 9 (2020:8) support workers. No employee earned over £60,000.

The Trustees are the key management of the Charity and no remuneration was paid or expenses reimbursed to any of them.

10 Tangible fixed assets	Furniture, fittings & equipment
	£
Cost	
At 1 January 2021	7,825
	<u>7,825</u>
At 31 December 2021	<u>7,825</u>
Depreciation	
At 1 January 2021	6,910
Charge for year	457
	<u>7,367</u>
At 31 December 2021	<u>7,367</u>
Net book value at 31 December 2021	458
	<u>458</u>
Net book value at 31 December 2020	915
	<u>915</u>

FRIENDS OF THE SICK (CHEVRAT BIKKUR CHOLIM)
Notes to the financial statements
for the year ended 31 December 2021

11 Fixed asset investments	Listed investments
	£
At 1 January 2021	172,045
Revaluation	23,017
	<hr/>
At 31 December 2021	195,062
	<hr/>

The listed investments comprise 12,534.57 Sterling Class A Income units in M&G Equities Investment Fund for Charities (Charifund), which is managed by M&G Securities Limited.

12 Debtors	2021	2020
	£	£
Debtors	7,577	5,411
Prepayments	875	875
Gift Aid recoverable	34	941
Taxation and social security	502	-
	<hr/>	<hr/>
	8,988	7,227
	<hr/>	<hr/>

13 Creditors: Amounts due within one year	2021	2020
	£	£
Taxation and social security costs	-	959
Other creditors and accruals	3,872	3,510
	<hr/>	<hr/>
	3,872	4,469
	<hr/>	<hr/>

14 COVID-19

As set out in the Trustees Annual Report, the Trustees have considered the impact of COVID-19 on the accounts for the year ended 31 December 2021 and for the foreseeable future. The Trustees continue to keep relevant matters under review. The Trustees are of the opinion that the Charity is a going concern for the foreseeable future.

15 Related party transactions including trustee expenses

There were no transactions with any of the Trustees and none received any emoluments or expenses. The Charity has put in place trustee indemnity insurance, the annual premium for which is £351 (2020: £351).

16 Taxation

The Charity is a registered charity and not liable to tax on its charitable activities other than value added tax paid, which is not recoverable.